



Preparation for Hair & Make-up on your Big Day

Before your trial

- Please allow up to 3 hours for your hair and make-up trial (or 2 hours for hair OR make-up).
- Please advise in advance if you or any members of your bridal party have any known allergies, sensitivities or skin conditions.
- If you have photos of hair / make-up looks you like, it is essential to send these to us in advance of your trial.
- If you are planning to wear any accessories, please have these available during your trial.
- We are happy to advise on colour-matching for hair extensions/pieces, but cannot guarantee a perfect match. Order in plenty of time and have them available for your trial. We recommend Remy human hair wherever possible (to allow for heat styling). If you can't decide between two colours, it is usually best to go for the lighter one as the hair is generally lighter on the ends.

HAIR

- If anyone was unable to attend the trial, please send us a headshot of them with hair down, plus a pic of the style they would like.
- Where possible, please wash your hair the night before (trial and on the day) and use only a light conditioner on the ends. This will prevent hair from being too slippery, aiding retention of curls / up-dos.
- Please let us know if you do wash your hair on the day and use as little conditioner as poss.
- If you're having your hair cut and coloured before the big day, it is advisable to do so at least a week before the wedding so that it has time to settle.

- Avoid intensive conditioning / repair treatments (eg SmartBond / Olaplex) within the 7 day window before your wedding, as they can make the hair too silky to hold a style. Also please let us know if you are planning to have a Brazilian blow-dry.
- If you are planning to wear fresh flowers in your hair, please ask your florist to wire them so that they are easier to secure into your hair. (Gypsophila does not require wire). Also make sure your florist is clear on the size of flower you want (eg – size of a 10p, credit card etc) and always order a couple of extras just in case.

MAKE-UP

Hygiene processes

- We always use disposable applicators for make-up and decant products onto spatulas. We always arrive with clean brushes (washed in anti-bacterial cleanser and Barbicide), which are sanitised with surgical spirit between each client. All palettes are sanitised with isopropyl alcohol after each use. All Beauty Ninjas are certified professionals of the Barbicide Covid training.
- Please advise in advance if you or your party have any allergies or skin conditions (eg eczema, psoriasis, cold-sore, stye) in advance of your day.

During the run-up to your big day

Please do the following

- Use lip-balm daily to ensure your lips aren't dry or cracked on the day
- Cleanse make-up away thoroughly every night (avoiding wipes where possible)
- Exfoliate at least once per week using a gentle exfoliant
- Use a daily moisturiser suitable for your skin type
- Keep your brows tidy (we can offer waxing / threading services)
- Keep hydrated, ensuring you drink plenty of plain water
- Aim to get plenty of sleep in the run-up and night before. A relaxing bubble-bath with some lavender oil really can help.

On the day

- Please be ready for your make-up slot with your skin free from make-up or products.
- It is best to wear a dressing gown, loose vest or zip-up top during the morning prep.