



## NASSAU/PARADISE ISLAND FACT SHEET

[Nassau/Paradise Island](#) is the tourism hub of The Bahamas booming with luxury resorts, casinos, dining, shopping, and a vibrant nightlife yet still holds true to the authentic Bahamian culture. This ideal destination has easy access to The Out Islands and Grand Bahama Island.

### HISTORY

Nassau was first discovered by British colonists, and has a long-standing history of pirates, dating all the way back to 1696 when Privateer Henry Every landed in Nassau Harbour with a ship loaded with loot. After bribing the Governor of The Bahamas, Nicholas Trott with silver and gold, the city of Nassau was established as a safe haven for pirates' operations.

### ABOUT NASSAU/PARADISE ISLAND

- Town/Settlement: Nassau
- Size: Stretches over 21miles
- Population: Approximately 248,948

### ACCOMMODATIONS

**Atlantis, Paradise Island** – Atlantis Paradise Island is considered to be one of the most treasured vacation resorts to many around the world. The resort is a grand experience in itself, boasting six amazing accommodations to choose from, the world's largest open-air marine habitat, a 141-acre waterpark, 11 incredible pools, four miles of breathtaking beaches, an 18-hole oceanfront golf course, the Atlantis Casino and much, much more. [www.atlantisbahamas.com](http://www.atlantisbahamas.com)

**Baha Mar** – The megaresort Baha Mar is home to three uniquely designed resorts with amenities including the Caribbean's largest casino, an 18-hole Jack Nicklaus Signature golf course, ESPA flagship 30,000-square-foot spa, convention center and more than 40 restaurants, bars and lounges. The posh and contemporary Grand Hyatt Baha Mar features 1,800 contemporary guest rooms and suites; the playful, luxurious SLS Baha Mar features 300 rooms, including 107 residences, world-class décor, unforgettable dining and nightlife experiences; and the newly-opened Rosewood Baha Mar features 185 ocean view rooms and suites, as well as five luxurious beachfront villas. [www.bahamar.com](http://www.bahamar.com)

**British Colonial Hilton Nassau** – As it sits downtown on the shores of Nassau Harbour, British Colonial Hilton Nassau is the embodiment of regal elegance mixed with contemporary style. The historic hotel features an exclusive private white-sand beach, a freshwater pool, and stunning views of the cruise ship harbor.

[www3.hilton.com/en/hotels/bahamas/british-colonial-hilton-nassau-NASHIHH/index.html](http://www3.hilton.com/en/hotels/bahamas/british-colonial-hilton-nassau-NASHIHH/index.html)



## ACTIVITIES

From dining, shopping, historical museums and food tours, to fishing, diving, snorkeling and boating, the activities in Nassau/Paradise Island are endless.

## POINTS OF INTEREST

**Arawak Cay/The Fish Fry** – This popular community is home to a variety of authentic Bahamian restaurants that specialize in seafood delicacies, and serves up the famous refreshing Bahama Mama drink, and Kalik, “The Beer of the Bahamas”.

**The Beaches of Nassau Paradise Island** – The dazzling beaches of Nassau Paradise Island include Cable Beach, Montagu Beach, Paradise Beach, Sandypoint Beach, Western Esplanade and Junkanoo Beach.

**Ardastra Gardens, Zoo & Conservation Centre** – Caribbean flamingos, extravagant peafowls, Lory parrots, native iguanas, and Madagascar Lemurs - all of these exotic animals can be found at the only zoo in The Bahamas.

**Queen’s Staircase** – Located in the Fort Fincastle Historic Complex in Nassau, this awe-inspiring stairway is a major landmark prominent for its historic significance and captivating beauty.

**Nassau Botanical Garden** – This alluring garden is brimming with more than 600 flora species, perfect for nature-loving tourists.

**Festival Place** – Bahamian artists and artisans offer hand-made crafts, quirky souvenirs, and sweet Bahamian treats at this colorful market.

## INTRIGUING FACTS

- Nassau is home to three historic forts, including Fort Montagu, Fort Charlotte and Fort Fincastle

## AIRLINE SERVICES

*Lynden Pindling International Airport (LPIA) serves as the main airport for Nassau/Paradise Island departures and arrivals.*

- [Air Canada: Nassau:](#)  
(888) 247-2262
- Atlantic Blue Charters:  
(242) 557-0758
- [Air Flight Charters:](#)  
(954) 359-0320
- [American Airlines:](#)  
(800) 433-7300
- [American Airlines: Nassau:](#)  
(242) 377-800; (800) 433-7300
- Atlantic Blue Charters:  
(242) 557-0758
- [Aztec Airways:](#)  
(954) 351-9313
- [Bahamasair: Nassau-Oakes Field:](#) (242) 322-6673/6674



- [Bahamasair: Nassau-Palmdale:](#)  
242-322-4785; 242-702-4100
- [British Airways:](#)  
(242) 377-2338; (800) 247-9297
- [Copa Airlines:](#)  
(242) 702-7234
- [Cubana Airlines:](#)  
(242) 377-7035
- [Delta Air Lines:](#)  
(800) 221-1212
- [Eastern Air Express:](#)  
(954) 772-3363; (954) 295-068
- [Flamingo Air: Nassau:](#)  
(242) 377-0354; (954) 839-8688
- [Golden Wings Charter:](#)  
(242) 377-0039
- [Jet Blue Airways:](#)  
(242) 377-1174; (800) 538-2583
- [Leair Charter Service: Nassau:](#)  
(242) 377-2357
- [National Air Transport:](#)  
(561) 483-5070; (888) 271-0502
- Performance Air Limited:  
(242) 341-3281
- [Pineapple Air:](#)  
(242) 702-7133
- [Seabird Air:](#)  
(242) 362-1224
- Shore Charter Services:  
(242) 524-8721
- [Silver Airways:](#)  
(242) 352-6447; (844) 674-5837; (801) 401-9100
- [Sky Bahamas: Nassau:](#)  
(242) 377-8993
- [Southern Air Charter:](#)  
(242) 377-2014
- [Southwest Airlines:](#)  
(242) 702-7355
- [Treasure Air Charters:](#)  
(305) 741-0489
- [Tropic Air Charters:](#)  
(954) 267-0707
- [Tropic Ocean Airways:](#)  
(954) 210-5569; (800) 767-0897
- [United:](#)
- [Us Airways:](#)  
(480) 693-0800
- [Watermakers Air:](#)  
(954) 771-0330
- [Western Air Ltd.:](#)  
(242) 377-2222
- [Westjet Airways:](#)  
(242) 377-7035; (866) 884-9188

#### ADDITIONAL INFORMATION

- U.S. currency is accepted and is interchangeable with the Bahamian dollar.
- Temperatures, year-round, range from 68 to 86 degrees during the day and 62-70 degrees at night.
- Sea water temperature ranges from 73 degrees in February to 82 degrees in August.
- The entry requirement for U.S. and Canadian residents is proof of citizenship, in the form of a passport. ALL U.S. citizens and foreign nationals traveling to the United States from The Bahamas, are required to present a valid passport or another secure document accepted by United States Customs and Border Protection.



## **ABOUT THE BAHAMAS**

With over 700 islands and cays, and 16 unique island destinations, The Bahamas lies just 55 miles off the coast of Florida offering an easy fly away escape that transports travelers away from their everyday. The Islands of The Bahamas have world-class fishing, diving, boating and thousands of miles of the earth's most spectacular water and beaches waiting for families, couples and adventurers. Explore all the islands have to offer at [www.bahamas.com](http://www.bahamas.com) or on [Facebook](#), [YouTube](#) or [Instagram](#) to see why It's Better in The Bahamas.

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## **PRESS INQUIRIES**

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